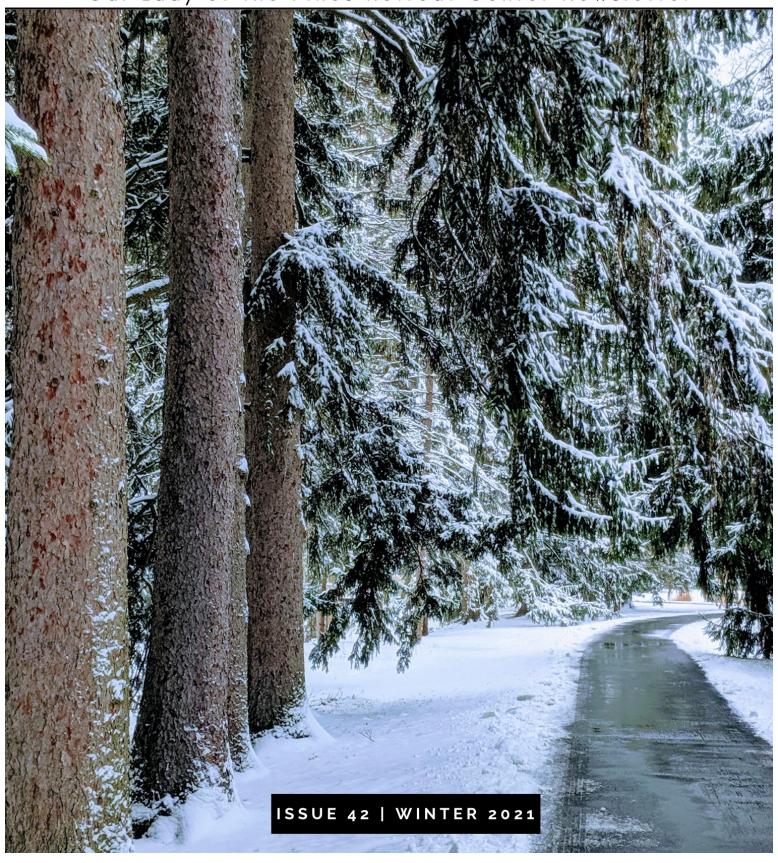
PINESPOST

Our Lady of the Pines Retreat Center Newsletter





Staff

Zeferina Andrade Administrative Assistant

> Bill Barbour Maintenance

Judy Koebel Finance / Human Resources

TJ Laird Food Services Manager

Laura Mills Gift Shop Manager & Billing Coordinator

Heidi Osborne Executive Director

Sr. Wanda Smith, RSM Spiritual Direction

Mary Kate Strimpfel Communications Coordinator & Sponsored Retreat Coordinator

> Pat Cutcher June Rich Guest Services

Ann Albert
Louise Filliater
Shantel Laird
Jim Kettner
Sienna Koebel
Julie Kupka-Brown
Dietary Services

Sue Barbour Pam Fritz Susan Little Housekeeping

Lucas Hammer June Rich Night Security

A Letter from our Executive Director

Dear Friends.

Thank you. Merci. Gracias. Danke Schon.Grazie. To all who visited our gift shop, stayed in a hermitage, attended a retreat, came to the annual fundraiser, or donated in any way to Our Lady of the Pines this year, please accept our deepest expression of gratitude. We exist because you believe in our mission of providing a space for all to seek deeper relationships with God, self, others, and creation, as much as we do. With the pandemic, many retreat centers closed their doors permanently; OLPRC has benefited from those closures and, as a result, we are busier than ever before. We are alive with a very bright future thanks to you and everyone like you who has opted to donate to our beloved retreat center.

There is still time to make a tax-deductible gift before the end of the year. Simply visit **www.pinesretreat.org/give**. Thank you for your continued prayers, your donations, and your belief in Our Lady of the Pines Retreat Center.

Blessings,

Heidi Chew Osborne Executive Director

Pies at the Pines





Thank you to everyone who participated in our first ever Holiday Pie Sale! We sold a total of 183 pies between Oct 1-Nov 13! All of the pies were made in-house by our Food Service Manager, TJ Laird. A special thank you to the following businesses for donating supplies:





Helping good people make good decisions.





THANK YOU TO OUR 2021 FUNDRAISER SPONSORS

PINE SPONSORS:







"Committed to Excellence"



KNIGHT BALDWIN CHARITABLE FUND, INC. PINE SPONSOR - \$2,500 AND UP JUNIPER SPONSOR - \$1,000 TO \$2,499 SPRUCE SPONSOR - \$500 TO \$999 CYPRESS SPONSOR - \$250 TO \$499

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Raymond D'Angelo

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2022 EVENTS

1/11 LUNCH & LEARN | 12-2PM

Lunch with message by Sr. Pat Schnapp titled: What's on Your Bucket List?

FEB

2/14 COUPLES DINNER | 6PM

A romantic evening for couples of all ages, featuring a three course meal and live music.

MARCH

3/8 LUNCH & LEARN | 12-2PM

Lunch with message by Sr. Pat Schnapp on the topic "What do we do with pain?"

APRIL

4/7 BREAKING BREAD & BUILDING BRIDGES | 6PM

Men's dinner designed to bring people of all faith backgrounds and traditions together to learn from one another. See page 14 for info.

4/28 SPRINGTIME OF THE SOUL

 - 5/1 A SoulCollage® extended weekend retreat. More information on page 8.



MAY

5/10 LUNCH & LEARN | 12-2PM

Lunch with message by Sr. Pat Schnapp titled: **Greening Up Our Lives**

JUNE

6/9 BREAKING BREAD & BUILDING BRIDGES | 6PM

See page 14 for info.

- 6/10- SILENT DIRECTED
 - 6/17 SOULCOLLAGE® RETREAT

 More information on page 9.
- 6/20- TEACHER RETREAT
 - **6/21** Start off summer break with a self-care retreat, designed with teachers in mind!

JULY

7/12 LUNCH & LEARN | 12-2PM

Lunch with message by Sr. Pat Schnapp titled: "The Glory of God is a Person Fully Alive"

- 7/15- SILENT DIRECTED RETREAT
- **7/22** More infomation on page 10.



AUG

8/11 BREAKING BREAD &
BUILDING BRIDGES | 6PM
See page 14 for info.

8/12- WOMEN'S WELLNESS RETREAT

8/14 Featuring "Yoga with Trees" author, Jenny Garrison! See page 16 for more info.

SEPT

9/13 LUNCH & LEARN | 12-2PM

Lunch with message by Sr. Pat Schnapp titled: **Prayer for Dummies**

OCT

10/13 BREAKING BREAD &
BUILDING BRIDGES | 6PM
See page 14 for info.

10/20 THE SOUL IN AUTUMN

-10/23 A SoulCollage® extended weekend retreat. See page 11 for more info!

NOV

11/8 LUNCH & LEARN | 12-2PM

Lunch with message by Sr. Pat Schnapp titled: A Spirituality of Technology



Our new Meditation Garden, formally known as the Callaghan Meditation Garden, opened in September. It is named after William and Catherine Callaghan, the couple who welcomed Catherine McAuley into their home for twenty years and who left her \$150,000 upon William's death in 1822 (which, in today's equivalent is over \$4 million). Catherine used this money to fund her works of mercy to the poor, ill, and uneducated in Dublin, Ireland, and then ultimately to found the Sisters of Mercy. Without the Callaghan influence, who knows what direction her life – and eventually our lives – would have taken. We are all indirectly indebted to the Callaghans for their unwavering faith as well as their unconditional love of Catherine and all that she stood for.

It is our hope that visitors will find the same peace and respite here that Catherine McAuley found in the Callaghan home over two hundred years ago. Please visit it at your leisure, and come back often. We have not stopped dreaming about what the space can be and how it can look, so there will still be a few additions yet this year and even more, I'm sure, in the years to come. I am eager to experience the garden in the different seasons; now that fall has arrived in northwest Ohio, it is the perfect time to enjoy the warmth that the gas firepit emits while journaling, praying, or simply being.





The garden represents the four elements of wind, water, earth, and fire, and was funded by a grant from the Sandusky County Communities Foundation. Gravel and pavers donated by Clyde Mulch & Stone.



Led by Lisa Heckaman - a certified spiritual director and SoulCollage® facilitator & Sr. Wanda Smith, RSM, spiritual director & retreat minister

Join us for a weekend that invites you to tap into your inner wisdom and spirit by creating, exploring and playing with thousands of amazing images using your own imagination and intuition. During this springtime retreat we will explore praying in new ways using this delightful and fun process.

All supplies, plus 25 SoulCollage® cards, will be provided. (Additional cards available for purchase at \$5/10cards)

Begins Thursday, April 28, 2022 at 7:00pm Concludes Sunday, May 1, 2022 at 11:00am

> Standard Room \$348.50 Select Room (private bath) \$363.95 Hermitage \$385.58 Commuter \$231.20

Registration Deadline: April 14, 2022



Come into God's presence and enter the silence of your own heart as you pray in a unique way by creating SoulCollage cards with images that speak to your soul. Use this visual prayer as a way to listen and reflect on how God is present and active in your life. Lisa Heckaman, a certified SoulCollage facilitator will guide you in the creation of your cards. Meeting daily with a personal spiritual director will help you listen well and be attentive to your own relationship with God and how it is revealed through your cards.

All supplies, plus 30 SoulCollage® cards, will be provided.

(Additional cards available for purchase at \$5/10cards) If you have your own materials, you are welcome to bring what works best for you.

Begins Friday, June 10, 2022 with dinner at 5:30pm Concludes Friday, June 17, 2022 at 11:00am

Standard Room \$702.21 Select Room (private bath) \$731.05 Hermitage \$771.44 Commuter \$415.70 Directors for the retreat are:

Lisa Heckaman

Barbara Hubbell | Wanda Smith, RSM

Dede Swinehart | Saralise Ward

Registration Deadline: May 27, 2022



Come into God's presence and enter the silence of your own heart as you pray, listen and reflect on how God is in your life. The personally directed retreat is designed to meet the spiritual and personal needs of each individual retreatant.

Meeting daily with a spiritual director will help you listen well and be attentive to your own relationship with God.

Begins Friday, July 15, 2022 with dinner at 5:30pm Concludes Friday, July 11, 2022 at 11:00am

Standard Room \$652.21
Select Room (private bath) \$681.05
Hermitage \$721.44
Commuter \$400.70

Directors for the retreat are:
Bobbie Doneth, OSF | Breta Gorman, RSM | Lisa Heckaman |
Christine Hiester | Wanda Smith. RSM

Registration Deadline: July 1, 2022



October 20 - 23, 2022

A SoulCollage® Extended Weekend Retreat



Led by Lisa Heckaman - a certified spiritual director and SoulCollage® facilitator & Sr. Wanda Smith, RSM, spiritual director & retreat minister

Join us for this Fall extended weekend that invites you to tap into your inner wisdom and spirit by creating, exploring and playing with thousands of amazing images using your own imagination and intuition. During this retreat we will explore praying in new ways using this delightful and fun process.

All supplies, plus 25 SoulCollage® cards, will be provided.

(Additional cards available for purchase at \$5/10cards)

Begins Thursday, October 20, 2022 at 7:00pm Concludes Sunday, October 23, 2022 at 11:00am

Standard Room \$348.50 Select Room (private bath) \$363.95 Hermitage \$385.58 Commuter \$231.20

Registration Deadline: October 14, 2022

January 11

12:00 - 2:00 PM

What's on Your Bucket List?

Do you have one? Might it be a helpful guide on your journey?

Presented by Sr. Pat Schnapp Cost: \$20.00

Registration available at olprc.retreatportal.com





12:00 - 2:00 PM

Take Two Aspirin and Call Me in the Morning

What do we do with pain?

Presented by Sr. Pat Schnapp

Cost: \$20.00

Registration available at olprc.retreatportal.com



May 10

12:00 - 2:00 PM

Greening Up Our Lives

Making simple choices to protect our fragile and endangered planet - with help from Pope Francis.

Presented by Sr. Pat Schnapp

Cost: \$20.00

Registration available at olprc.retreatportal.com





July 12

12:00 - 2:00 PM

"The Glory of God is a Person Fully Alive"

Let's check our pulses and our liveliness quotient.

Presented by Sr. Pat Schnapp

Cost: \$20.00

Registration available at olprc.retreatportal.com

September 13

Prayer for Dummies.

And for the Rest of
Us

A quick review of many different approaches to prayer.

Presented by Sr. Pat Schnapp

Registration available at olprc.retreatportal.com

Cost: \$20.00





November 8

A Spirituality of Technology

What can I do when I get mad at my computer or smart phone and want to hurl them out the window?

Presented by Sr. Pat Schnapp

Cost: \$20.00

Registration available at olprc.retreatportal.com



We are launching a new dinner series just for men called "Breaking Bread and Building Bridges" in which leaders from different faith traditions will speak on topics promoting interfaith unity and understanding.

Regardless of beliefs or backgrounds, all men are invited to bring a friend for an evening of good food and good conversation.

THURSDAYS FROM 6-8PM
APRIL 7, JUNE 9, AUG 11, OCT 13



Save the Date:

TEACHER RETREAT

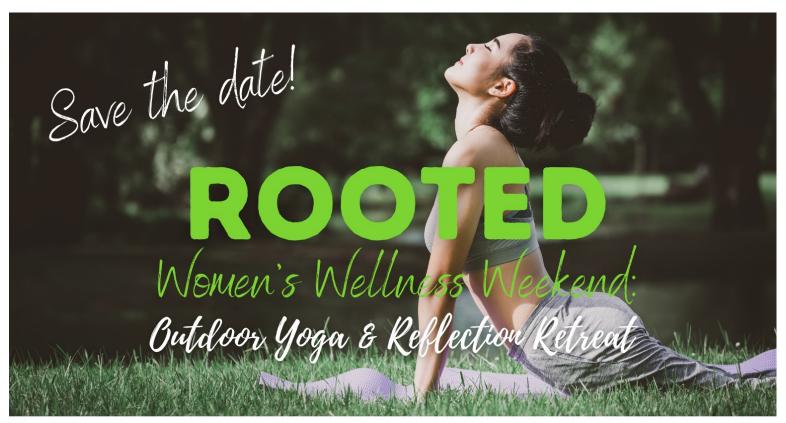
JUNE 20-21, 2022

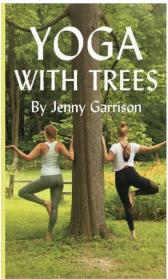
You take care of others, now let us take care of you!

2 Day 1 Night Self-Care Retreat for Teachers, School Administrators, Daycare Workers and Professors.

- Featuring Guided Imagery & Self-Talk
 Workshops with Mary Anne Mayle (pictured)
 - 60 Minute Yoga Class
 - Pottery Perfection "Blsesing Cup" Craft
 - Massages available upon request







Our Lady of the Pines is thrilled to host Jenny Garrison, author of *Yoga with Trees* as the featured speaker of our first ever Womens Wellness Weekend!

This retreat wil take place Friday, Aug 12 to Sunday, Aug 14.

Standard Room (no bath): \$250 | Select Room: \$265 A \$25 deposite is due upon registration

Outdoor Yoga | Massage* | Brunch | Reflection | Relaxation

*Additional fee for massages

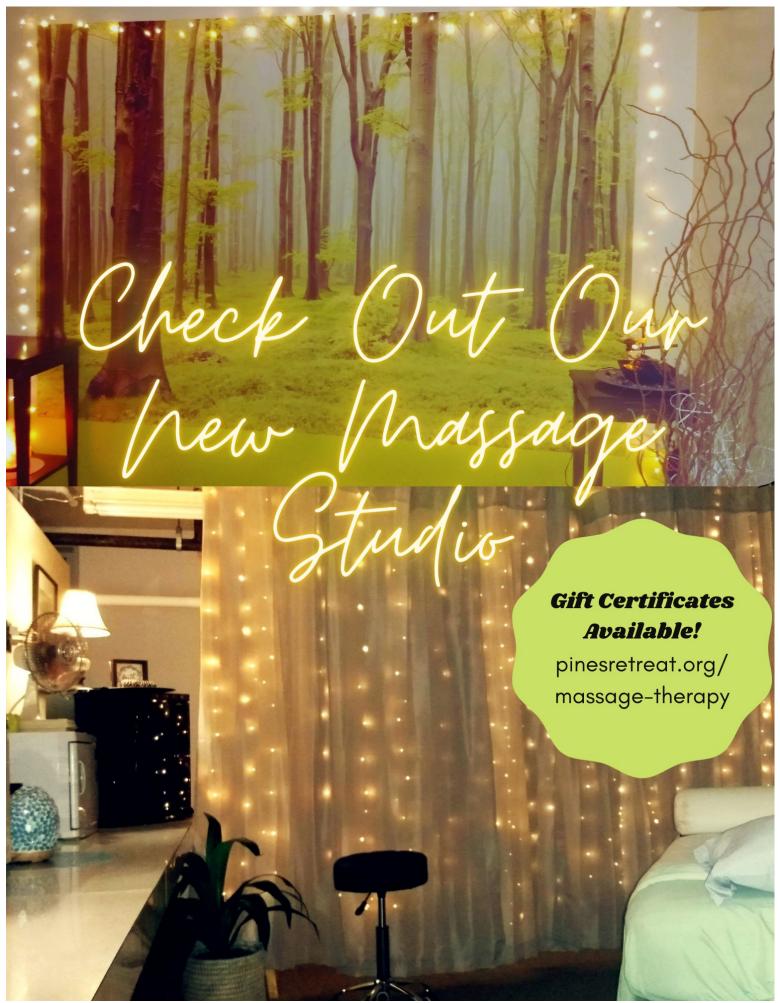
Jenny Garrison is the author of "Yoga with Trees" and "Imagery In You; Mining for Treasure in your Inner World." She is a registered nurse and Kripalu style yoga instructor who has been immersed in the study and practice of imagery since 1991. Jenny became a Yoga teacher in 2001.

She holds certifications with the International Institute for Visualization Research, The Academy for Guided Imagery, and the Kripalu school of Yoga. Jenny lives and works in northern Pennsylvania. She is available as an imagery consultant, workshop leader, and lecturer, offering presentations that instruct and allow participants to experience inner discovery. Talks and workshops can be adapted to meet the needs of any group.

Jenny was awarded "2016 Imagery Person of the Year" by Imagery International, where she served as President from Jan 2015-March 2017.



BIO FROM
JENNYGARRISON.COM











{Retreat in a Box} \$89.00

Order at pinesretreat.org/shop while supplies last!

What's Included?

FALL/WINTER BOX CONTAINS:

"You Are Not Alone" self-guided retreat by Seeking Stillness Ministries

"Strong & Courageous" stainless steel insulated coffee mug

Beaded bracelet by Cornaceae Designs made with olive wood from Jerusalem

> Handmade infinity scarf from Krochet Kids intl., created in Peru and signed by the artist

> > "Be Still" journal + stylus pen

LED candle

Use the QR code below to purchase online and PICKUP in Gift Shop:



Shipping also Available!



Come experience the beauty and stillness of Our Lady of the Pines and spend a "day away" enjoying our indoor facilities and grounds.

What's Included?

- Access to all indoor & outdoor amenities including library, sitting rooms, patios, bikes, etc; only \$13 for the day!*
- For an additional \$37 you can rent one of our cozy guest rooms for the day (9am-4pm only).
- Guest refrigerator where you can store a packed lunch
 - Complimentary coffee, tea & WiFi

Day Aways are scheduled per individual, meaning we will work with your schedule to find a time for your Day Away to take place.

*Day Aways are only available during business hours, Mon-Fri 9am-4pm

CALL TO SCHEDULE 419-332-6522



1250 Tiffin Street Fremont, Ohio 43420 www.pinesretreat.org Ph: 419-332-6522



