

## Programs for January to August, 2011

### ***Reflection with a Cup of Tea***

**Tuesday, January 11; 9:00am to 10:30am**

Based on Blessed Catherine McAuley's emphasis on Mercy hospitality with a cup of tea, this morning will offer nourishment for body, mind, and spirit with light refreshments and a presentation on faith and spirituality. This month's presentation will be: ***Simplicity—Cleaning Out the Clutter in Your Life***. The morning will explore the need to create space both around us and inside of us so we can listen to how God is present in our lives.

**Presenter:** Sr. Margaret Marszal, HM, Retreat Coordinator, Our Lady of the Pines Retreat Center

**Cost:** \$7

### ***Prayer Evening***

**Monday, January 17; 7:00pm**

Once a month we will be offering different prayer styles for folks to participate in at Our Lady of the Pines. This month we will pray with the Liturgy of Hours, the prayer of the Church. There will be a brief explanation followed by evening prayer. Refreshments will follow.

**Facilitator:** Fran Benlein is a liturgist, musician, spiritual director, and presenter in the Diocese of Toledo.

**Cost:** Free Will Offering

### ***Refresh Your Spirit Day*** (formerly Desert Day)

**Wednesday, January 19; 9:00am to 3:00pm**

Today's theme will be *Finding the Extraordinary in the Ordinary*. After the holidays are over, life becomes a little "gray" as we move back into ordinary time. We will reflect on how God is found in everyday life events and how even uneventful days are filled with moments of grace.

There will be time for input, prayer, reflection and quiet. Lunch and morning refreshment are included.

**Presenter:** Sr. Margaret Marszal, HM Retreat Coordinator, Our Lady of the Pines Retreat Center

**Cost:** \$25

### ***Reflection with a Cup of Tea***

**Tuesday, February 8; 9:00am to 10:30am**

Based on Blessed Catherine McAuley's emphasis on Mercy hospitality with a cup of tea, this morning will offer nourishment for body, mind, and spirit with light refreshments and a presentation on faith and spirituality. Today we will reflect on the tradition in the church of praying to the Sacred Heart of Jesus. This practice goes back to St. Gertrude of Helfta and St. Margaret Mary of Alacoque.

**Presenter:** Fran Benlein is a liturgist, musician, spiritual director, and presenter in the Diocese of Toledo.

**Cost:** \$7

### ***Toast the Trees for Couples***

**Monday, February 14; 6:00pm to 8:30pm**

Celebrate Valentine's Day with dinner and a presentation entitled: ***How God Writes a Love Story***

This presentation will address the differences in the culture writing your love story versus God writing your love story. It will also indicate current cultural trends that write a fairy tale for couples, not a love story. In contrast, we will take the journey into the love of God to really understand what happiness and marriage is all about. Fairy tales may be destructive to lasting relationships, but exemplifying the love of God is eternal.

**Presenter:** Pat Oedy-Murray has worked for the Diocese of Toledo in many capacities over the past 32 years. Pat has her B.A. from Lourdes College in Psychology and Religious Studies. Her Master's Degree is from St. Mary's University in Winona, Minnesota in Pastoral Studies. She currently teaches Theology at Lourdes College and Mercy College. She completed her certification in Catholic Bioethics from the National Catholic Bioethics Center. Pat is married to Jim Murray and they reside in Oregon, Ohio.

**Cost:** \$50/per couple

***Prayer Evening***

**Monday, February 21; 7:00pm**

Once a month we will be offering different prayer styles for folks to participate in at Our Lady of the Pines. This month we will be praying for the needs of our family and friends. Refreshments will follow.

**Facilitator:** Sr. Christine Pratt, OSU, Executive Director of Our Lady of the Pines

**Cost:** Free will offering

***Just for Women: Courageous Women—Lunch and Lecture***

**Tuesday, March 8; Noon to 2:00 pm**

For our second lunch and lecture, we will explore the life of St. Bernadette Soubirous. A young girl with severe asthma coming from a poor family, she had a strong belief in God and the vision of the Blessed Virgin Mary that she received. Her deep faith enabled her to stand up against authorities, family, and friends.

**Presenter:** Sr. Margaret Marszal, HM, Retreat Coordinator, Our Lady of the Pines Retreat Center

**Cost:** \$15

***Lent by Candlelight***

**Sunday, March 13; 6:00pm to 8:30pm**

Come to an elegant evening in candlelight for women hosted by your neighbors and friends. We will have Lenten prayer and presentations to enhance our Lenten Journey. If you would like to host a table call the Pines. Refreshments will be served.

**Cost:** \$5

***Refresh Your Spirit Day*** (formerly Desert Day)

**Wednesday, March 16; 9:00am to 3:00pm**

This will offer time for input, prayer, reflection and quiet. Lunch and morning refreshment are included. In this liturgical year, we focus on the Gospel of Matthew. We will review the background of the Gospel and who it was written for as well as how it can be a source for reflection during this Lenten season.

**Presenter:** Fran Benlein is a liturgist, musician, spiritual director, and presenter in the Diocese of Toledo.

**Cost:** \$25

***Prayer Evening: How Do We Pray with Our Imagination?***

**Monday, March 28; 7:00pm**

Once a month we will be offering different prayer styles for folks to participate in at Our Lady of the Pines. Using the story of the Samaritan woman at the well from John's Gospel, we will allow God to use our imaginations to prayerfully reveal himself to us in a very personal way. Through this experience, we will image the scene as if we are actually witnessing Jesus' conversation with the woman. This evening of prayer will enable us to pray with our minds and hearts!

**Facilitator:** Sr. Pat Meyer, OSF: Sister Pat Meyer is a Franciscan Sister of Our Lady of Perpetual Help, St. Louis, Missouri for over forty years. Raised in Clyde, Ohio, Sister Pat received her religious formation in

St. Louis, a Masters Degree in Religious Studies from St. Louis University, and a certificate in Spirituality and Spiritual Direction from the Institute for Spiritual Leadership, Chicago, Illinois.

**Cost:** Free will offering

***Spiritual Book Discussion for Lent***

**Wednesday, March 30; 7:00pm to 8:30pm**

We will be discussing and reflecting on the book: ***God Never Blinks: 50 Lessons for Life's Little Detours*** by Regina Brett. This book is a series of life's lessons that she wrote in a column for the Cleveland Plain Dealer. They are practical, delightful, and realistic. Purchase a copy of the book at your local book store or online. If you would like us to order you a book, call the Pines no later than March 2, 2011. Please read the book before you come to the discussion.

**Facilitator:** Sr. Margaret Marszal, HM

**Cost:** Free will offering

***Reflection with a Cup of Tea***

**Wednesday, April 6; 9:00am to 10:30am**

Based on Blessed Catherine McAuley's emphasis on Mercy hospitality with a cup of tea, this morning will offer nourishment for body, mind, and spirit with light refreshments and a presentation on faith and spirituality. This month's presentation will be: ***The St. John's Bible and You***. The St. John's Bible is copies by hand in calligraphy and illuminated in the tradition of ancient manuscripts before the printing press. It is a joint venture between St. John's University in Collegeville, MN and Donald Jackson, a British calligrapher. We will examine the text and illuminations with some background information in the available volumes.

**Presenter:** Rev. Ted J. Miller, a priest of the Toledo Diocese, is presently pastor of Gibsonburg and Millersville, OH. He is an avid reader, gardener, theater goer, and traveler.

**Cost:** \$7

***Outdoor Stations of the Cross***

**Sunday, April 10; 2:00pm**

As part of your Lenten practice, come to the Pines to pray the Stations, walking our outside Way of the Cross. We will conclude the prayer with conversation and refreshments.

**Cost:** Free will offering

***Just for Women: Courageous Women—Lunch and Lecture: Catherine McAuley: Foundress of the Sisters of Mercy***

**Wednesday, April 13; Noon to 2:00 pm**

Enjoy a delightful lunch while hearing how a simple Irish woman overcame many obstacles to achieve her dreams of helping others.

**Presenter:** Sr. Breta Gorman, RSM. Breta, Sister of Mercy of the South Central Community of the Sisters of Mercy of Americas, is a spiritual director and retreat director with a degree in spirituality from Regis College, Jesuit School of Theology, Toronto, Ontario, Canada.

**Cost:** \$15

***Prayer Evening: Taizé for Lent***

**Monday, April 18; 7:00pm**

This prayer form of light, scripture, music, and quiet will be held in the Conference Center. We will have live musicians and fellowship. All are welcome. Refreshments will follow.

**Cost:** Free will offering

***Mother/Daughter Retreat: Making Spaces for the Things that Make Us Whole***

**Saturday, May 7; 9:30am to Noon**

Mothers, daughters, granddaughters, friends will spend this morning creating house designs that reflect those things that keep us whole and happy. No art experience is necessary. Come for fun, fellowship, and creativity.

**Presenter:** Sr. Margaret Marszal, HM, Retreat Coordinator, Our Lady of the Pines Retreat Center

**Cost:** \$20

***Just for Men: Barbecue Spirituality: Does God Have a Name?***

**Thursday, May 12; 6:00pm to 8:00pm**

This presentation will review the biblical names of God and how this has an effect on our spirituality. Our guest speaker will be Fr. Ray Ensmann. Fr. Ray is a retired priest in the Toledo, Diocese. He is both a pastor and an educator. His last parish was Immaculate Conception Church in Port Clinton. This men's evening of prayer includes spiritual reflection, outdoor barbecue and fellowship. Bring your own beer.

**Cost:** \$15

***Refresh Your Spirit Day (formerly Desert Day): The Dwelling Place of God***

**Wednesday, May 18; 9:00am to 3:00pm**

We come to holy ground where the walls of the retreat center and the lovely grounds have heard the prayers and faith stories of thousands of retreatants over the years. We, too, are "God's building...the temple of God. The Spirit of God dwells in us." (1Cor. 3:16) We invite God into our hearts today as we experience and listen to His presence in this holy place and within the temple of our being. This will offer time for input, prayer, reflection and quiet. Lunch and morning refreshment are included.

**Presenter:** Sr. Pat Meyer, OSF: Sister Pat Meyer is a Franciscan Sister of Our Lady of Perpetual Help, St. Louis, Missouri for over forty years. Raised in Clyde, Ohio, Sister Pat received her religious formation in St. Louis, a Masters Degree in Religious Studies from St. Louis University, and a certificate in Spirituality and Spiritual Direction from the Institute for Spiritual Leadership, Chicago, Illinois.

**Cost:** \$25

***Prayer Evening***

**Monday, May 23; 7:00pm**

Once a month we will be offering different prayer styles for folks to participate in at Our Lady of the Pines. This month we will pray with images of Christ. The evening will include Scripture, song, and reflection.

**Facilitator:** Fran Benlein

**Cost:** Free will offering

***Reflection with a Cup of Tea***

**Wednesday, June 7; 9:00am to 10:30am**

Based on Blessed Catherine McAuley's emphasis on Mercy hospitality with a cup of tea, this morning will offer nourishment for body, mind, and spirit with light refreshments and a presentation on faith and spirituality. In the speed of today's culture, we do not take time to simply listen to one another. This is an excellent skill to build community at home, in your parish, in your workplace, or just with friends you are close with. This morning we will explore: ***The Art of Listening.***

**Presenter:** Sr. Margaret Marszal, HM, Retreat Coordinator, Our Lady of the Pines Retreat Center

**Cost:** \$7

### ***Summer Private Retreat Days***

**June 13-18; from June 13 to June 18; from July 5 to July 8; and from July 10 to July 15, 2011**

During these days, you are welcome to stay overnight at the Pines for prayer and reflection. Meals will be provided. Contact us at 419-332-6522 for pricing. Also, if rooms are available, private retreats can be scheduled during our week long retreats and weekend retreats.

### ***Prayer Evening***

**Monday, June 20; 7:00pm to 8:30pm**

The labyrinth is a form of walking meditation that has been used by many cultures. In the Christian tradition, it was popularized in the Middle Ages. When people were unable to go to the Holy Land, they walked a pilgrimage in one of the Gothic Churches in Europe. We will meet at the retreat center then walk to the Labyrinth. This month we will walk the Labyrinth using quotes from Scripture. Refreshments will follow.

**Presenter:** Sr. Margaret Marszal, HM, Retreat Coordinator, Our Lady of the Pines Retreat Center

**Cost:** Free will offering

### ***Art Retreat: Mandalas: Woven and Drawn***

**Friday, June 24 to Sunday, June 26; begins Friday with supper at 5:30pm and ends at 1:00pm on Sunday**

Mandalas are circular designs that are symbols for wholeness. During this retreat, we will create mandalas out of clothesline and yarn using a Native American Weaving style and we will create drawings using colored pencils on black paper. The designs will be used as resources for prayer. No art experience is necessary. Materials are included in the fee.

**Presenter:** Sr. Margaret Marszal, HM is an artist and spiritual director and has been offering workshops in art and prayer for over 25 years.

**Cost:** \$170 (Includes meals, overnight accommodations and art supplies); **Commuter Rate:** \$75 (Includes art supplies and 4 meals)

### ***Summer Book Discussion Evening***

**Wednesday, June 29; 7:00pm to 8:30pm**

We will be discussing and reflecting on the book: *The Shack* by William Paul Young. This novel tells the story of a man who works through the loss of his daughter who was abducted during a family vacation. This is a story of how to recover from a great loss and find God in the midst of the journey. Purchase a copy of the book at your local book store or online. If you would like us to order you a book, call the Pines no later than June 8, 2011.

**Facilitator:** Sr. Margaret Marszal, HM, Retreat Coordinator, Our Lady of the Pines Retreat Center

**Cost:** Free will offering

### ***Refresh Your Spirit Day*** (formerly Desert Day)

**Wednesday, July 6; 9:00am to 3:00pm**

This will offer time for input, prayer, reflection and quiet. Lunch and morning refreshment are included. The theme for today will be *Praying with Nature*. We will explore different ways on how God speaks to us through creation if we can be still and listen and observe attentively.

**Presenter:** Sr. Margaret Marszal, HM, Retreat Coordinator, Our Lady of the Pines Retreat Center

**Cost:** \$25

***Mercy Retreat Weekend: Catherine McAuley: Woman of God (For Mercy Sisters and Associates)***  
**July 8-10; Begin on Friday with Supper at 5:30pm and end after brunch on Sunday**

This weekend experience focuses on Catherine's life of Christian discipleship. Like Jesus, Catherine was a contemplative in action whose passion was a preferential option for poor and marginalized persons. As a woman of God, Catherine was hospitable; she lived a life of prophetic justice and compassionate mercy. Catherine embraced the kenosis of the cross and Jesus' nonviolent way of being and acting. The retreat includes presentations on these topics, shared prayer experiences, and time for personal reflection and journaling. Through a deeper understanding of who Catherine is and what she taught by her life, the retreat explores how to carry forward her legacy of charity and mercy in everyday circumstances.

**Presenter:** Sr. Marilyn Sunderman, R.S.M., Ph.D. is Associate Professor of Theology at Saint Joseph's College of Maine. Her writing on various aspects of Catherine McAuley's spirituality has appeared in *The MAST Journal*. She has facilitated weekends focusing on community in Mercy. Sister Marilyn is the author of *Humanization in the Christology of Juan Luis Segundo* and has published numerous articles on the spirituality of Thomas Merton.

**Cost:** \$180 (includes meals and overnight accommodations). **Commuter Rate:** \$80 (includes 4 meals) Additional overnights before and after the retreat are also available.

***Summer Sabbath Days***

**Thursday, July 21 and Wednesday, August 10; 9:30am to 3:30pm**

Come to the Pines for a day of rest and renewal. We will begin with an opening reflection on how to keep the Sabbath and provide some reenergizing time for you. Use the day to pray, read, create, walk, swim, or just be. Massage is available. Reservation for it needs to be made in advance. Lunch and morning refreshments are included.

**Cost:** \$25

***Directed Retreat***

**Sunday, July 24-Sunday, July 31; begins 7:00pm Sunday and ends Sunday at 10:00am**

**Cost:** \$485

With the assistance of a spiritual director, the retreatants are aided in noticing God's presence in their life. Scripture, nature, and other prayer resources allow retreatants to listen for God's activity in every day events. An environment of silence is an important part of this retreat.

**Directors:** Fran Benlein, Sr. Marie Bohn, HM, Sr. Peggy Duffy, OSU, Sr. Breta Gorman, RSM, and Sr. Margaret Marszal, HM

**Fran Benlein:** Fran is a liturgist, musician, spiritual director, and presenter in the Diocese of Toledo. She has a Masters Degree in Liturgy from Notre Dame University, in South Bend, IN and a Bachelors Degree in Music Education from Mary Manse College in Toledo, OH. She received a certificate in spiritual direction from Lourdes College, Sylvania, OH. Fran is an experienced spiritual director and has done spiritual direction for people who are part of spiritual direction programs as well as others who have sought spiritual direction. Fran enjoys walking with others on their faith journey.

**Sr. Marie Bohn, HM:** Sr. Marie Bohn, HM, a Sister of the Humility of Mary, offers retreats, workshops and spiritual direction on a full time basis. She facilitates scripture studies and offers spiritual direction at St. Hilary Parish, Fairlawn, OH. Drawing from her own experiential journey as an educator, campus minister, pastoral associate, retreat leader and spiritual director, in both Franciscan and Ignatian traditions, her main goal is to help people deepen their relationship with God through a richer understanding of self and life experiences through the eyes of the Gospel.

**Sr. Peggy Duffy, OSU:** Sr. Peggy Duffy, a member of the Ursuline Congregation in Cleveland, Ohio, is an experienced spiritual director and retreat minister. Peggy is a graduate of Creighton University's Christian Spirituality Program and has a special interest in prayer and the integration of the scriptures into daily living. With her rich background in education, pastoral counseling, and all facets of parish ministry, Peggy also does ongoing spiritual direction, gives presentations in the area of spirituality, and supervises interns for various spiritual director training programs.

**Sr. Breta Gorman, RSM:** Sr. Breta, a Sister of Mercy of the South Central Community of the Sisters of Mercy of Americas, is a spiritual director and retreat director with a degree in spirituality from Regis College, Jesuit School of Theology, Toronto, Ontario, Canada. Breta has been offering spiritual direction at Our Lady of the Pines for over twenty years.

**Sr. Margaret Marszal, HM:** Sr. Margaret Marszal is a Sister of the Humility of Mary and is currently the Retreat Coordinator at Our Lady of the Pines Retreat Center. She holds a Master's degree in Christian Spirituality from Creighton University, Omaha, NE and also has a Masters degree from Miami University of Ohio in Art Education. Margaret offers a holistic approach to her spiritual direction.

***Conference Retreat: "Saying Yes to the Call of Aging"***

**Sunday, July 31 to Friday, August 5; 7:00pm Sunday to Friday Brunch**

This guided retreat is for older adults who wish to deepen their ability to live more fully. This experience invites the older adult to say "yes" to the on-going call of the spiritual journey by living in the promise of the resurrection while surrendering to the losses of aging. The retreat will guide participants in using spiritual tools to grow into a deeper relationship with God. There will be two conferences daily with time for prayer, personal reflection, and optional processing with retreat facilitator. Other spiritual tools will include scripture, elder tales, guided reflections on the day's theme, rituals, and silence.

**Presenter:** Ann Billard, OLM, Ph.D.: Sr. Ann is a Sister of Charity of Our Lady of Mercy with more than 45 years of pastoral ministry. She is a certified grief recovery specialist with graduate degrees in pastoral counseling from Loyola University Maryland. Currently coordinating Transformative Aging programs, she provides spiritual direction, lectures, workshops, and retreats on the spirituality of aging. She has presented at national conferences and to groups of older adults throughout the USA, Canada, and Australia.

**Cost:** \$425 **Commuter Rate:** \$235 (Includes 9 meals).

***Dances for Universal Peace***

**Thursday, August 11; 7:00pm to 8:00pm**

Movement, song and story have brought people together from the beginning of time. The Dances of Universal Peace are simple circle dances, based upon the sacred phrases, scripture, and poetry of the many spiritual traditions. The Dances are a form of meditation in motion. No musical or dance experience of any kind is required. All are welcome to the circle.

**Facilitator:** Sr. Sandy Sherman, OSU is an Ursuline Sister of the Toledo Diocese. Sr. Sandy has led the Dances of Universal Peace in Toledo at the Ursuline Center, Corpus Christi University Parish, St. Mark's Episcopal Church, Visitation in Monroe, Michigan and for several years at Toledo's First Night New Year Celebrations.

**Cost:** \$5

### ***Prayer Evening***

**Monday, August 22; 7:00pm**

Once a month we will be offering different prayer styles for folks to participate in at Our Lady of the Pines. This month we are offering the Labyrinth as a prayer form.

The labyrinth is a form of walking meditation that has been used by many cultures. In the Christian tradition, it was popularized in the Middle Ages. When people were unable to go to the Holy Land, they walked a pilgrimage in one of the Gothic Churches in Europe. We will meet at the retreat center then walk to the Labyrinth. This month we will walk the labyrinth using a prayer of Gratitude.

**Presenter:** Sr. Margaret Marszal, HM

**Cost:** Free will offering

### ***Directed Retreat***

**Saturday, September 17 to Friday, September 23, 2011**

**Begins 5:30pm with Supper on Saturday and ends Friday at 10:00am.**

With the assistance of a spiritual director, the retreatants are aided in noticing God's presence in their life. Scripture, nature, and other prayer resources allow retreatants to listen for God's activity in every day events. An environment of silence is an important part of this retreat.

**Directors:** Sr. Janice Bachman, OP, Sr. Judy Cole, CSJ, Sr. Patricia Meyer, OSF, and Sr. Margaret Marszal, HM

**Cost:** \$410

**Sr. Janice Bachman, OP:** Sr. Janice, a Dominican Sister of Peace from Columbus, OH, is a spiritual director and Jungian Analyst. For the past 13 years, Janice has been involved in the training of spiritual directors (Creighton University, Omaha, NE and Wellstreams Training Program in Columbus, OH). Janice has been on the summer faculty of Creighton University's Graduate Program in Christian Spirituality since 1997. She holds a master's degree from Creighton University and a diploma in Analytical Psychology from the Ontario Association of Jungian Analysts, Toronto. As a director, Janice approaches the retreat out of the deep conviction that God yearns and longs to be more deeply involved in each person's life. With this as a foundation, the retreatant is invited to notice the reality of God's presence and activity in the stuff of everyday life and to respond to the gentle, affective touches of God.

**Sr. Judy Cole, CSJ:** Sr. Judy Cole, CSJ, a Sister of St. Joseph from Cleveland, OH, is a spiritual director and retreat guide for more than 40 years. She holds a Masters in Christian Spirituality from Creighton University. Her previous ministry experiences include elementary school teaching, parish ministry, and spiritual formation work in the diocesan diaconate program. Judy is also a certified Mid-Life Directions consultant.

**Sr. Patricia Meyer, OSF:** Sr. Pat Meyer is a Franciscan Sister of Our Lady of Perpetual Help, St. Louis, Missouri for over forty years. Raised in Clyde, Ohio, Sister Pat received her religious formation in St. Louis, a Masters Degree in Religious Studies from St. Louis University, and a certificate in Spirituality and Spiritual Direction from the Institute for Spiritual Leadership, Chicago, Illinois. Most of Sister Pat's ministry has been in education, retreat and parish work. Her greatest love is to share the faith journey with her family, her Community and friends, old and new. For her: Spiritual Direction is the privilege of companioning another as one identifies, listens and trust one's own experience of God. The spiritual director listens with the other to the Holy Spirit, asks reflective questions and invites the other to hear God in the depths of one's soul and in the movements of daily life.

**Sr. Margaret Marszal, HM:** Sr. Margaret Marszal is a Sister of the Humility of Mary and is currently the Retreat Coordinator at Our Lady of the Pines Retreat Center. She holds a Master's degree in Christian Spirituality from Creighton University, Omaha, NE and also has a Masters degree from Miami University of Ohio in Art Education. Margaret offers a holistic approach to her spiritual direction.

