

## Programs for January to May, 2012

***See the sidebar on our website for registration flyers for each event or contact Brenda at 419-332-6522.***

### ***Reflection with a Cup of Tea: Radical Gratitude***

**Tuesday, January 10; 9:00am to 10:30am**

Based on Blessed Catherine McAuley's emphasis on Mercy hospitality with a cup of tea, this morning will offer nourishment for body, mind, and spirit with light refreshments and a presentation on faith and spirituality. In days where life can look "bleak", having a grateful heart can bring perspective into difficult situations. We will explore how gratitude can bring both freedom and lightness to life.

**Presenter:** Sr. Margaret Marszal, HM, is the Retreat Coordinator at Our Lady of the Pines Retreat Center.

**Cost:** \$7 (registration required)

### ***Prayer Evening: Remains of the Day***

**Monday, January 23; 7:00pm**

Every day can end with a deep sense of gratitude. Come join us for wonder and peace as we enter the *Remains of the Day* with prayer. Refreshments will follow.

**Facilitator:** Sr. Marianne Longo, RSM, former Director of Our Lady of the Pines for over twenty years, is now involved full time in the ministry of spiritual direction. **Cost:** Free will offering

### ***Lunch and Lecture: It's ALL Connected: Faith, Spirituality, and the Gospel***

**Wednesday, January 25; Noon to 2:00pm**

Our current culture tends toward separating spirituality from religious beliefs. Faith can be more deeply connected to our life choices and how we relate with family, friends, and the local and global community. This presentation is designed to put the 'heart' back into our beliefs and offer ways we can be Gospel to others.

**Presenter:** Sr. Margaret Marszal, HM is the Retreat Coordinator at Our Lady of the Pines Retreat Center.

**Cost:** \$15 (includes lunch and lecture—registration required)

### ***Refresh Your Spirit Day: Memories Make Moments***

**Wednesday, February 8; 9:00am to 3:00pm**

Our life journey is shaped by the moments of our life. Such moments can leave us with a mix of happy and sad occasions. How we remember these experiences is significant for the fullness of our future.

Give yourself the gift of time to deepen how you choose to remember your life moments.

**Presenter:** Sr. Marianne Longo, RSM, former Director of Our Lady of the Pines for over twenty years, is now involved full time in the ministry of spiritual direction.

**Cost:** \$25 (includes morning snack and lunch—registration required)

### ***Toast the Trees for Couples: I do, I do, I do***

**Monday, February 13; 6:00pm to 8:30pm**

The power of three in a marriage: We will be discussing the importance of having God at the heart of the relationship from the beginning. This event offers couples time to dine together and receive some practical input on how to deepen their relationship with each other.

**Presenters:** Pat and Chuck Krause: Pat is a Pastoral Associate at St. Paul Church in Norwalk and a former Social Worker. Chuck has been a self employed painter for 35+ years. Both Pat and Chuck have been actively involved in their parish.

**Cost:** \$50/couple (includes dinner for two and presentation—registration required)

***Art Retreat Day: Creative Mask Making***

**Saturday, February 18; 9:30am to noon**

Take a morning to simply have fun and create your own mask in celebration of Mardi Gras. We will reflect on how the mask can be both an asset and a deterrent in our growth process.

**Presenter:** Sr. Margaret Marszal, HM is the Retreat Coordinator at Our Lady of the Pines Retreat Center.

**Cost:** \$20 (includes a morning snack and art supplies—registration required)

***Prayer Evening: Praying with Poetry***

**Monday, February 20; 7:00pm**

Poetry can offer us beautiful images and metaphors to pray with. We will be using a variety of poems for reflection in this evening of prayer. Refreshments will follow.

**Facilitator:** Sr. Margaret Marszal, HM is the Retreat Coordinator at Our Lady of the Pines Retreat Center

**Cost:** Free will offering.

***Lenten Book Study: The Other Side of Chaos***

**Thursdays, February 23, March 1, 8; 9:00am to 10:30am**

Life offers many changes that can be difficult to navigate through. This book offers reflections that can help us get through these transitions. We will be using the text: ***The Other Side of Chaos*** by Margaret Silf. You can purchase the book on line or we can order you one if you contact us by February 2, 2012.

**Presenter:** Sr. Margaret Marszal, HM is the Retreat Coordinator at Our Lady of the Pines Retreat Center.

**Cost:** \$20 (includes all three sessions with refreshments--\$34 with the book included—registration required)

***Lent by Candlelight***

**Sunday, March 4; 6:00pm to 8:30pm**

Come to an elegant evening in candlelight for women hosted by your neighbors and friends. We will have prayer and a presentation to enhance our Lenten Journey. This year's topic will be "Lent: A Time to Sort Out Inner Clutter and Gain Some Clarity." Table hostesses are needed for this event to create a table setting and bring refreshments for their table. The hostess also invites the guests for her table. If you would like to host a table call the Pines at 419-332-6522. Beverages will be served.

**Presenter:** Sr. Margaret Marszal, HM is the Retreat Coordinator at Our Lady of the Pines Retreat Center.

**Cost:** \$5

***Reflection with a Cup of Tea: A Cup of Hope***

**Tuesday, March 6; 9:00am to 10:30am**

Our reflection will focus on the virtue of Hope. Many people struggle to find hope when faced with our current challenges. Holding a gentle cup of tea can open your spirit for a special time to nurture your heart and your attitude toward hope.

**Presenter:** Sr. Marianne Longo, RSM, former Director of Our Lady of the Pines for over twenty years, is now involved full time in the ministry of spiritual direction. **Cost:** \$7 (registration is required)

***Mental Health Retreat Day of Prayer and Reflection: Movement toward Recovery***

**Saturday, March 10; 10:00am to 4:00pm**

The day will include sessions of creative movement designed to promote and nurture mental and physical health, wholeness, and personal fulfillment. The retreat will aid in the exploration and experience of self-discovery and self-expression—the externalization of interior emotional and psychological issues. No dance training is needed to participate. If you can move, you can *dance* into

wholeness. This day is sponsored by Equal Access Ministries, NAMI of Seneca, Sandusky and Wyandot Counties, Our Lady of the Pines Retreat Center and the Ursuline Sisters of Brown County.

**Presenters:** Kathryn Mihelick and Andrea Shearer, Directors of Leaven Dance Company, a professional sacred dance ensemble. **To Register**, contact Marsha Rivas, Equal Access Ministries, 419-244-6711 or 800.296.8277 or [mrivas@toledodiocese.org](mailto:mrivas@toledodiocese.org) **Cost:** \$15 (includes lunch)

***Lecture and Book Signing: John Dear, SJ***

**Friday, March 23; 7:00pm**

We are excited to have the opportunity of having Rev. John Dear, SJ at Our Lady of the Pines Retreat Center. Rev. John Dear, S.J. is a Jesuit Priest, Peace Activist, Organizer, Lecturer, Retreat leader, and author/editor of 28 books on peace and nonviolence. Archbishop Desmond Tutu has nominated him for the Nobel Peace Prize. We are part of his cross-country tour promoting his new book, ***Lazarus, Come Forth!*** The evening will include a lecture, questions, and a book signing followed by refreshments.

**Cost:** \$20 (includes a copy of the book and refreshments—registration is required). Additional books can be purchased for \$15.

***Prayer Evening: Lent Taizé***

**Monday, March 26; 7:00pm**

Come to this prayer form of light, scripture, music, and quiet. We will have live musicians and fellowship with refreshments afterwards. Take this time of reflection to prepare for the Easter Season.

**Cost:** Free will offering

***Lunch and Lecture: American Women Saints: St. Elizabeth Ann Seton and St. Frances Cabrini***

**Wednesday, March 28; Noon to 2:00pm**

We will review the lives of these two great women who gave major contributions to Education and Health Care in the United States.

**Presenter:** Fran Benlein is a liturgist, musician, spiritual director, and presenter in the Diocese of Toledo.

**Cost:** \$15 (includes lunch and lecture—registration is required)

***Outdoor Stations of the Cross***

**Sunday, April 1; 2:00pm**

As part of your Lenten practice, come to the Pines to pray the Stations, walking our outside Way of the Cross. We will conclude the prayer with conversation and refreshments.

**Cost:** Free will offering

***Refresh Your Spirit Day: Open Into Springtime***

**Wednesday, April 18; 9:00am to 3:00pm**

Spring is the season of hope and renewal, let this be a time apart for you to gaze deeply and nurture your spirit. Today is an opportunity to reflect on the glory, wonder, and beauty of springtime. Come and enjoy this wonderful gift. Lunch and morning refreshments are included in this event.

**Presenter:** Sr. Breta Gorman, RSM is a long time educator, retreat director and spiritual director and has served at Our Lady of the Pines Retreat Center for many years.

**Cost:** \$25 (includes morning snack and lunch—registration required)

***Prayer Evening: Your Words are Spirit and Life***

**Monday, April 23; 7:00pm**

Using the Resurrection stories from Scripture, we will explore Christ's presence within us and among us. Through this prayer experience, we will touch into the reality of our "life in the Spirit" and we will share a deeper awareness of God's sacramental presence in all aspects of life.

**Facilitator:** Sr. Pat Meyer, OSF is a Franciscan Sister of Our Lady of Perpetual Help, St. Louis, Missouri. Most of Sister Pat's ministry has been in education, retreat and parish work.

**Cost:** Free will offering

***Reflection with a Cup of Tea: Creating a Sense of Peace Inside and Out***

**Tuesday, May 8; 9:00am to 10:30am**

Outside and Inside "noises" can prevent us from being fully present to ourselves and others. We will reflect on ways to "quiet" ourselves so that we can be more open to the people and circumstances that surround us each day.

**Presenter:** Sr. Margaret Marszal, HM, Retreat Coordinator, Our Lady of the Pines Retreat Center

**Cost:** \$7 (registration required)

***Just for Men: Barbecue Spirituality: Manly Spirituality in an Oprah World—Being called to be different in this Modern World***

**Thursday, May 10; 6:00pm to 8:00pm**

Using stories and humor, we will look at how following the teaching of Jesus Christ gives a perfect pattern for living in today's culture.

**Presenter:** Deacon Joseph N. Malenfant is currently the Pastoral Associate for Adult Formation at St. Joseph Parish in Maumee, OH. He is married to his high school sweetheart, Marcia, and has six children and a granddaughter. **Cost:** \$15 (Includes supper and presentation--registration required)

***Lunch and Lecture: Celebrating Mothers***

**Wednesday, May 16; Noon to 2:00pm**

May is the month to honor mothers, so come and luncheon with memories and gratitude for mothers and mother figures who have guided and nurtured us as we have matured in love, truth and stature.

**Presenter:** Sr. Breta Gorman, RSM is a long time educator, retreat director and spiritual director and has served at Our Lady of the Pines Retreat Center for many years.

**Cost:** \$15 (includes lunch—registration required)

***Prayer Evening: Images of Mary***

**Monday, May 21; 7:00pm**

We will look at images of Mary in art, Scripture, and song. Refreshments and fellowship will follow.

**Facilitator:** Fran Benlein is a liturgist, musician, spiritual director, and presenter in the Diocese of Toledo. **Cost:** Free will offering